HEALING THE OZONE LAYER

by Lynn Pivo

Lynn Pivo has been involved in metaphysics since she was nineteen years old. After reading Bob Monroe's trilogy, she traveled to the United States to attend the GATEWAY VOYAGE®. During the program, Lynn had a dramatic meeting in which she consoled her late mother who was still grieving for her deceased husband at the Focus 27 Healing Center. Two months after returning to South Africa, Lynn dreamed of her parents sitting together and talking on a bench in the Focus 27 Park. She perceived her father as a more expanded, evolved energy and says the experience is as real to her today as it was in 1993. Lynn returned to attend LIFELINES® and EXPLORATION 27® back-to-back in 2005. In the following narrative, she describes how she has applied the skills she learned.

About three weeks ago, I got into bed around 11 P.M. and though tired, could not wind down for sleep. I used Bruce Moen's three-relaxing-breaths technique before running the energy, and I feel that it enhanced the process. I started running energy from a beautiful golden pool at my feet. The results have led me to do it every night since, and I thought my experience might be worth sharing with others. TMI suggests allowing the energy to flow through the body and out the top of the head to form a bubble around the body. Bruce Moen suggests that we allow the energy to just flow out the top of the head, which is what I did. I heard a splat. "Mmmmmmmmm," I wondered. "What was that?" I ran the energy again and followed it as it flowed out the top of my head. As it went splat, I got that it was adhering to the ozone layer. I liked that idea so much. So I ran the energy yet again, this time feeling love as it flowed through me and holding an intention for healing the ozone layer. Because human activity has caused the tear in the ozone layer, it's our responsibility to heal it. Flowing the energy up there in this manner does just that. Then I imagined a sphere of green healing energy flowing into me through the top of my head. What we flow out, we flow in, and I have noted some physical improvements to my health.

A few nights later I was running the energy again. After four or five times it occurred to me to go to *TMI There* and use the crystal in the same way, which I did. The next night I went to *TMI There*, the dining room had grown three times bigger, and all the participants from my *LIFELINE* and all those from my *EXPLORATION 27* were gathered around the crystal. There were enough of us to make three circles of people around the crystal. Graduates and light-beings also joined in the exercise. We all flowed love into the crystal and then did the WhoooAah exercise, while holding an intention to heal the ozone layer. The energy flowed out of the top of the crystal in a spray (like the nozzle of a hose pipe that had been opened

halfway) and went directly to the hole in the ozone layer. It gives me a humble feeling to have gone to *TMI There* and found so many people and graduates and lightbeings participating in the exercise. Something similar happened two months before my *GATEWAY VOYAGE* in 1993. I was lying in bed and going over my travel plans when I had a vision of the San Andreas Fault line running along the West Coast. In my vision the fault line was like a broken zipper with the teeth bent out of shape. I saw two volcanoes imploding and hot molten lava filling in the fault line. I met with many people during my California trip and shared my vision with any who wanted to hear about it. Some of them passed it along, and many included it in their meditations. The story of my vision came back to me when I went from Seattle to Los Angeles to visit other friends and family. I wonder how many serious earthquakes there have been in that area since 1993. Perhaps my sharing them had a positive impact.

My original exercise has taken on an expansion of its own. I do it every night at bedtime when my body is relaxed. Now I can go directly to the crystal at TMI and each time the room is packed to capacity. We all open our hearts and direct love into the crystal. A few nights ago, when the whoosh of energy left the crystal to go up to the ozone layer, the Beings of Light followed it. Many of us in the dining room at *TMI There* were curious enough to join them. I have not yet seen what the ozone layer looks like, but I do see the energy as golden threads that the Beings of Light are laying out in a kind of spiderweb formation. We are helping to weave and knot the threads onto the pattern they have laid out. Two nights ago, the energy from the crystal changed to sort of a cotton candy cloud as it approached the ozone layer, which had the effect of filling in the spaces of the web. The way that this process has expanded and continually built over time amazes me.

So if this exercise appeals to you, do it for yourself and pass it on. Who knows, we may be doing something amazing for Mother Earth. This kind of work could go a long way toward righting the fluctuating weather patterns all over the world as the healing of the ozone layer takes on momentum.

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